



Tee It Up for Walk It Off

SPINAL CORD RECOVERY AND WELLNESS CENTRE



14th Annual Fundraising Golf Tournament

July 18th, 2025



Tickets: includes 18 holes, cart, tournament gift, tournament passport, as well as lunch and dinner.

EARLY BIRD - \$160 per person

AFTER June 13th \$175 per person

NEW for 2025!!!
Home Baked Pie and Tart Auction
Support Walk It Off by bidding on a delicious pie or homemade tarts baked by a community member, WIO staff, or WIO clients.

Registration / Socializing - 11:00 am

Lunch - 11:30 am

Shotgun Start - 12:30 pm

Dinner - 6:00 pm

Dinner Only - \$40



Beat the Chief
Longest Drive
Closest to the Pin

... plus other on-course challenges

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Wally Kemp @ 905.775.7849 (elk@sympatico.ca)

WALK IT OFF Spinal Cord Wellness Centre Inc is a Not-For-Profit organization that provides exercise-based recovery, education and support to those living with spinal cord injuries (SCI) and neurological dysfunction. We aim to improve quality of life and increase independence by maximizing recovery.